THE PLRS LEARNING CYCLE
by Frank L. Christ

LECTURE
1. Listen
2. Make Notes
3. Ask Questions
4. Recite / Discuss
5. Focus on New / Difficult Concepts

PREVIEW
15-30 min (Night Before or Day Of)
1. Review Previous Notes
2. Review Written Assignments
3. Anticipate Lecture: Review Syllabus & Preview New Material
4. Skim Assigned Readings

RECALL.
15-30 min (After Class or That Night)

REVIEW
1. Edit, Process, & Summarize Notes
2. Question / Reflect
3. Plan Studying
4. Look at HW

STUDY
1. Read Textbooks and Lecture Notes
2. Utilize Online Sources
3. Paraphrase Main Points
4. Practice Problems
5. Write Questions for Office Hours
6. Start Homework
7. Tutoring / PLUS

RETENTION.

RETRIEVAL.